

Platform

Name: Kyla Mathner **Year:** 03

Major: Exercise Science

Qualifications:

College of Education Senator

Student Senate Code of Laws Committee Chairwoman Panhellenic Sorority Honor Board Chairwoman

Panhellenic Sorority Junior Panhellenic Delegate Freshman Forum Member

Platform:

Choosing to attend Auburn University was an easy decision for me, however, I truly did not understand the depths and the magnitude of the Auburn Family until I became a part of it. It was not until I was a student myself that I fully grasped the concept that Auburn is not just a place to obtain your education. It is a place to realize your full potential and make it a reality, a place where you can be having the absolute worst day until you walk down the concourse and hear a "War Eagle!" from a stranger, a place that will have you in chills and tears all at the same time while standing in a football stadium minutes before kickoff. Auburn University is a place that I will forever feel indebted to for the unique and indescribable relationships and experiences I have made in such a short time.

The Auburn Creed is not just some fancy words strung together in stanzas; it is a standard in which Auburn men and women should hold themselves accountable to; the type of standard that motivates you to leave a place better than you found it. Given this opportunity to share a platform with the Auburn family, I am focusing on emphasizing the line of the creed that says "I believe in a sound mind, in a sound body, and a spirit that is not afraid." This line holds a deeply personal meaning to me as it reminds me of the strength and courage that I found at Auburn University to seek professional help after struggling for several years with disordered eating. If it were not for the help of Auburn's Student Counseling and Psychological Services (SCPS), this may not have been possible. I share this personal experience in hopes that I can not only spread awareness and emphasize the importance of these services, but also advocate for the expansion of them. Believing in a sound mind and in a sound body means recognizing when more can be done to attain this standard for our Family, the Auburn Family. A spirit that is not afraid means continuing to encourage, promote, and support the improvement and expansion of the current services available to students. I believe a significant amount of strengthening as well as raising awareness of these already existing resources would be an incredible turning point on our campus. Every member of the Auburn Family deserves a substantial chance to seek professional help.

Words truly cannot describe how grateful I feel to have the opportunity to spread this message that I am so passionate about across campus. I feel that if I can impact and encourage even one student, then I have made a significant accomplishment. I hope to advocate for this platform loud and clear not only throughout the campaign period, but also for the duration of my time at Auburn University.

Thank You and War Eagle, Kyla Mathner