

Name: Lulu Cowden

Year: 01

Major: Speech, Language, and Hearing Science

Qualifications:

Freshman Forum

Hey Day Volunteer

Miss Auburn top 20 staff

I would be honored to serve as your College of Liberal Arts Senator. My platform, Timeless as Tichenor, is the ideal opportunity for me to advocate on behalf of the College of Liberal Arts while also advocating for Auburn as a whole. This is because I believe the Senate represents the Auburn family perfectly. We are passionate about unifying students and always strive to make decisions as a team. We hold tight to tradition while still finding areas to improve.

The three words I would choose to describe myself, which reflect the way I serve and lead, are enthusiastic, positive, and encouraging.

I am eager for new experiences and I believe my enthusiasm reflects that. I go into everything, whether it's a new challenge or something familiar, with a desire to help. Also, I enjoy the growth that comes from new experiences which is why I embrace them with enthusiasm.

Another word I would use is positive. When I was younger my mom always turned my negativity into positivity. She wanted me to look on the bright side and find the good in every situation, even when it was hard. This mindset has stayed with me throughout the years. When faced with challenges I can always find something good in it and help others do the same. I choose to look at life optimistically and with anticipation for what's to come. This causes me to not remain in the past but learn from it and find ways that I can grow.

The last word I would choose is encouraging. I believe that encouragement can make a difference, even if it's simply a kind word. I always try to lift others up when they are having a rough time or celebrate them in their accomplishments. It has meant so much to me when others have encouraged me in difficult times and good times, so it brings me immense joy to do the same for others.

Being able to be a part of the Liberal Arts College is also very important to me. My mom was a Speech, Language, and Hearing Science major at Auburn as well, and I am already thankful for the opportunity to see how things have changed without losing the spirit that makes Auburn special. The College of Liberal Arts represents a wonderfully diverse subsection of the student

body including aviation, speech-language pathologists and audiologists, English majors, and so many other fields that help make the Auburn Family a true one-of-one!